

PROMOTION OF COORDINATED SCHOOL HEALTH PROGRAMS TO SUPPORT ACADEMIC ACHIEVEMENT AND HEALTHY SCHOOLS

WHEREAS, the education system, in partnership with families and communities, shares a duty to help prevent unnecessary injury, disease, and chronic health conditions that are costly burdens on families and the entire State of Michigan, and

WHEREAS, schools must do all they can to promote student health and well-being if Michigan's ambitious academic achievement goals and the goals of the federal *No Child Left Behind Act of 2001* are to be realistically attained, and

WHEREAS, schools cannot achieve their primary mission of education if students and staff are not physically, mentally, and socially healthy, and

WHEREAS, Coordinated School Health Programs (CSHP) can positively impact student academic achievement and empower students with the knowledge, skills, and judgment essential to help them make healthy and responsible choices in life, and

WHEREAS, in Act 451 of 1976, the Michigan Legislature adopted requirements for health and physical education in every school, and

WHEREAS, since 1984, the Michigan Model for Comprehensive School Health Education has been implemented in over 90 percent of Michigan's public schools, and

WHEREAS, since 1994, the Governor's Council on Physical Fitness, Health and Sports has implemented the Exemplary Physical Education Curriculum (EPEC) in almost 70 percent of Michigan school districts; therefore, be it

RESOLVED, That the Michigan PTSA supports and endorses the State of Michigan State Board of Education *Policy on Coordinated School Health Programs to Support Academic Achievement and Healthy Schools*, and be it further

RESOLVED, That the Michigan PTSA will encourage local school districts to the extent that resources permit, to use the State Board of Education policy as a guide, to develop, adopt, and implement a comprehensive plan for a Coordinated School Health program that responds to the needs, preferences, and values of families and the community; emphasizes a positive youth development approach; is based on models that demonstrate evidence of effectiveness; and makes efficient use of school and community resources, and be it further

RESOLVED, That the Michigan PTSA believes that lessons regarding healthy behaviors are best learned when parents, teachers and other adults within the community model such behaviors; and be it further

RESOLVED, That the Michigan PTSA will work to provide education to family and community on each of the eight components of coordinated school health so as to motivate them to become actively involved and work collaboratively in developing, adopting and implementing the principles of coordinated school health that will extend beyond school and into the home and community.



Unanimously Approved: 2004
By the Michigan Parent Teacher Student Association